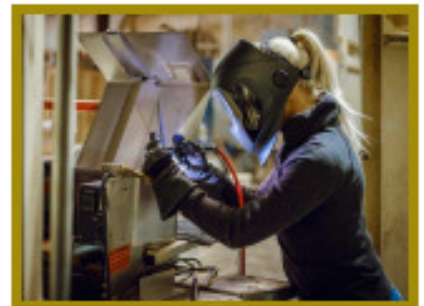
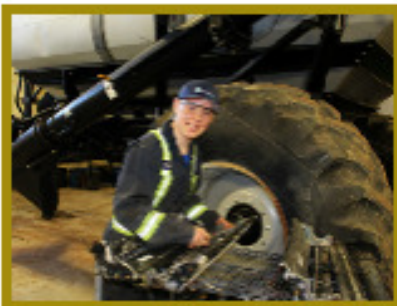




CAREER CONNECTIONS

TRADES & APPRENTICESHIP PREPAREDNESS HANDBOOK



STUDENTS ABILITIES
CONFIDENCE ADAPT PLAN
SKILLS TRANSITION
CLEAR WORLD IMPLEMENT

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PART 1: EXPLORING CAREERS IN THE TRADES

GRADE-BY-GRADE EXPLORATION

Grades 1-3	CAREER EXPLORATION <ul style="list-style-type: none">• Talk about careers and have conversations about different types of jobs, including those in the trades.• Make examples of the people around them and their jobs, like family & friends.
Grades 4-6	IDENTITY EXPLORATION <ul style="list-style-type: none">• Talk about who they are, what their interests are, what skills they have or would like to develop, and what they value most in life.• Helping them get to know who they are and what they like can help them think about what careers or jobs they may enjoy most.
Grades 7-8	TRAINING EXPLORATION <ul style="list-style-type: none">• Talk about apprenticeship training and what might be required for different trades.• Get a basic understanding of how apprenticeship training works.
Grade 9	CAREER EXPLORATION <ul style="list-style-type: none">• Talk about trade areas that they are most interested in.<ul style="list-style-type: none">○ Don't have to pick a specific career, but get a sense of what area they are most interested in (ie. construction trades, automotive trades, service trades)• Get an idea of the amount of apprenticeship training required.• Make a plan to ensure they get the correct high school courses...ideally the "Recommended Courses" identified by AIT or even higher!
Grade 10	IDENTITY EXPLORATION <ul style="list-style-type: none">• Delve deeper into what their areas of interest are and what skills and requirements they need in order to have the type of career they want.• Help them to see the "big picture" and how their school courses can support them.<ul style="list-style-type: none">○ This can help them develop the motivation they need to be successful.• Encourage them to try different experiences in high school to help identify areas of interest (dual credit, work experience, etc).
Grade 11	TRAINING EXPLORATION <ul style="list-style-type: none">• Narrow down the training and institutions they are most interested in.• Ensure they are on-track for the AIT requirements needed.• Encourage them to try Dual Credit courses to see how they perform at that level.• Identify important dates and deadlines relating to apprenticeship registration, scholarships, etc.
Grade 12	MAKING IT HAPPEN <ul style="list-style-type: none">• Finalize plans for work placements and technical training.• Take advantage of work experience/RAP opportunities to try a career before you start your training, just to make sure it's a good "fit".• Apply for Financial Aid and FREE MONEY!• Make plans for living arrangements (residence) if moving away from home is required.• Enjoy the final year of high school knowing you've set yourself up for a successful transition to apprenticeship training!

CAREER EXPLORATION & PROGRAM CHOICE

How can I choose a career in the skilled trades that is a good fit?

- Personal reflection and evaluation:
 - Skills - What are the things you know how to do?
 - Values - What do you value most or what things are the most important to you?
 - Areas of Interest - Favourite subjects in school, hobbies, extracurricular activities.
 - [ALIS - Know Yourself Quizzes](#)
- Do your Career Research!
 - [ALIS - Occupational Profiles](#)
 - MyBlueprint
 - Career Assessments
 - Volunteer or get a job in your field of interest
 - Find someone that has the job you want and then see if you can interview and/or job shadow with them
- Don't stress over "what will I like doing for the rest of my life?"
 - Most people will make major career changes at least 3-7 times in their life.
 - Focus on what you might like to do for the next 5-10 years, as that's more likely!
- Be cautious of the idea of "take your hobby and make it your job." Sometimes hobbies are meant to be hobbies! If you make it your job, it might not be fun for you anymore! You definitely want to find a job that is interesting and fulfilling, but not every hobby makes for a good career path!

What are some other ways to explore career options while in high school?

- Dual Credit
 - Take post-secondary courses while in high school.
 - Earn credits towards high school diploma and post-secondary credits at the same time.
 - Allows students to understand post-secondary expectations.
 - Opportunity to try a program before applying.
- Internships & Work Experience
 - This can be done through general Work Experience and [CAREERS Internships](#).
 - Earn credits towards high school diploma, gain work experience and earn money.
 - Allows students to understand employer expectations.
 - Opportunity to try a career before deciding if it's the right path.
- Volunteering
 - Explore different opportunities, develop "soft skills" and give back to the community
- Job Shadow
 - Connect with a mentor in a career area and see what a "day in the life" is like.

PART 2: TRADES & APPRENTICESHIP BASICS

HOW IT WORKS

How does Apprenticeship training work?

Apprenticeship is a post-secondary education program consisting of on-the-job training provided by a qualified employer and technical training at an approved technical training provider.

Apprenticeship training is regulated by [Alberta Apprenticeship and Industry Training \(AIT\)](#).

- Approximately 80% of the training is done “on-the-job”.
 - Training is provided by the Employer.
 - Apprentices must learn from a certified journeyperson or other qualified individual.
 - On-the-job training is measured in hours and months.
- Approximately 20% of the training is done through Technical Training
 - Must be done through an approved Technical Training provider - usually a college, technical institution or polytechnic. **See the list of AB Training Providers [HERE](#).**
 - Technical training is measured in weeks.
- To progress, apprentices must successfully complete 3 components for each Period or Year of their program:
 - The hours and months of On-the-Job Training
 - Typically 1500+ hours
 - Over a 12-month period
 - The Technical Training
 - Typically 4-8 weeks in a 12-month period
 - Need to achieve a 65% grade or higher in order to pass
 - **Access Course Outlines on the AIT website [HERE](#).**
 - The AIT Industry Examination
 - Written if the apprentice meets the minimum grade in Technical Training
 - Need to achieve a 70% grade or higher in order to pass
 - **Access Exam Outlines on the AIT website [HERE](#).**
- An apprenticeship program lasts 1-4 years depending on the trade.
 - Most are 3-4 years in length.
- Apprentices typically make a percentage of what the journeyperson wage is and are given raises in accordance with their Apprenticeship Contract as they successfully complete each level of training.
- An Alberta Journeyperson Certificate is awarded when an apprentice satisfies all of the requirements of the program.
- Each trade has a specific number of “On-the-Job” hours that are required and a specific number of weeks of Technical Training.
 - These are detailed on the [AIT website](#) by clicking on the specific trade you are interested in and bringing up the Trade Profile.

	YEAR 1	YEAR 2	YEAR 3	YEAR 4
Step 1:				
Work hours		Work hours	Work hours	Work hours
minimum of 1500 - 1650 hours of on-the-job training		minimum of 1500 - 1650 hours of on-the-job training	minimum of 1500 - 1650 hours of on-the-job training	minimum of 1500 - 1650 hours of on-the-job training
Step 2:				
Education		Education	Education	Education
4 - 8 Weeks of technical training at an approved post-secondary (65% pass)		4 - 8 Weeks of technical training at an approved post-secondary (65% pass)	4 - 8 Weeks of technical training at an approved post-secondary (65% pass)	4 - 8 Weeks of technical training at an approved post-secondary (65% pass)
Step 3:				
12 Weeks For a Pre-employment Certificate				
	AIT Exam 70% Pass	AIT Exam 70% Pass	AIT Exam 70% Pass	AIT Exam 70% Pass

What are the other Trades & Apprenticeship pathways?

There are a variety of other ways to progress through trades & apprenticeship training, including:

- **Pre-Employment Program**

- Typically 8-12 weeks in length.
- Equivalent to the 1st period of technical training in an apprenticeship program.
 - If the student maintains a high enough grade (65%), then they are eligible to write their AIT Exam for Year 1 of their apprenticeship.
 - Graduates would then just have to complete the required number of work hours in order to complete their entire Year 1.
- Allows graduates to gain knowledge and skills that can help them secure employment to become an apprentice.
- Pre-Employment programs in Alberta include:

Grande Prairie Regional College

- [Pre-Employment Welder](#)

Keyano College

- [Pre-Employment Electrician](#)
- [Pre-Employment Heavy Equipment Technician](#)
- [Pre-Employment Plumber](#)
- [Pre-Employment Welder](#)

Lakeland College

- [Pre-Employment Automotive Service Technician](#)
- [Pre-Employment Electrician](#)
- [Pre-Employment Welder](#)

Lethbridge College

- [Pre-Employment Electrician](#)
- [Pre-Employment Plumber](#)
- [Pre-Employment Powerline Technician](#)
- [Pre-Employment Welder](#)

Medicine Hat College

- [Pre-Employment Carpentry](#)
- [Pre-Employment Electrician](#)
- [Pre-Employment Common Pipe Trades](#)
- [Pre-Employment Welding](#)

NAIT

- [Pre-Employment Auto Body Repair](#)
- [Pre-Employment Automotive Service Technician](#)

Northern Lakes College

- [Pre-Employment Carpenter](#)
- [Pre-Employment Electrician](#)
- [Pre-Employment Heavy Equipment Technician](#)
- [Pre-Employment Industrial Mechanic \(Millwright\)](#)
- [Pre-Employment Welder](#)

Olds College

- [Pre-Employment Heavy Equipment Technician](#)
- [Pre-Employment Motorcycle Mechanic](#)
- [Pre-Employment Welder](#)

Portage College

- [Pre-Employment Welder](#)

Red Deer Polytechnic

- [Pre-Employment Carpentry](#)
- [Pre-Employment Electrical](#)
- [Pre-Employment Welding](#)
- [Pre-Employment Automotive Service Technician](#)

SAIT

- [Pre-Employment Automotive Service Technician](#)
- [Pre-Employment Cabinetmaker](#)
- [Pre-Employment Carpenter](#)
- [Pre-Employment Electrician](#)
- [Pre-Employment Ironworker](#)
- [Pre-Employment Industrial Mechanic \(Millwright\)](#)
- [Pre-Employment Mobile Crane](#)
- [Pre-Employment Pipe Trades](#)
- [Pre-Employment Refrigeration & Air Conditioning](#)
- [Pre-Employment Welding](#)

- **Post-Secondary Certificate and/or Diploma**

- Some institutions offer certificates and/or diplomas that align with the trades.
- If the institution has an agreement with AIT:
 - The training done in these programs counts towards their Technical Training for apprenticeship training.
 - Students can challenge AIT Exams, depending on how much education they complete and if they achieve the required grades (65%).
 - In some cases, the training taken in the certificate/diploma can also reduce the number of work hours a student must complete in a year and reduce the number of months the student must wait to move to the next level.
- These opportunities are a great way for young people to get the education portion of their apprenticeship done in advance.
 - This makes graduates very appealing to potential employers, as they already have a lot of skills and theory, they just need to get their work hours in.
- Post-Secondary Trades Programs offered in Alberta:

<p>Grande Prairie Regional College</p> <ul style="list-style-type: none"> ● Motorcycle Mechanic ● ThinkBIG Service Technician <p>Lethbridge College</p> <ul style="list-style-type: none"> ● Agricultural and Heavy Equipment ● Automotive Systems ● Culinary Arts <p>NAIT</p> <ul style="list-style-type: none"> ● Advanced Plumbing Technology ● Advanced Welding Technology ● Baking and Pastry Arts ● Building Environmental Systems ● CNC Machinist Technician ● Culinary Arts ● Electrical Installations Technology ● Heating, Ventilation, Air Conditioning, Refrigeration Technician ● Industrial Heavy Equipment Technology ● Millwork and Carpentry 	<p>Olds College</p> <ul style="list-style-type: none"> ● Agricultural & Heavy Equipment Certificate ● Agricultural & Heavy Equipment Diploma <p>Portage College</p> <ul style="list-style-type: none"> ● Barber ● Hairstyling <p>SAIT</p> <ul style="list-style-type: none"> ● Automotive Service Technology ● Baking and Pastry Arts ● Culinary Arts ● Diesel Equipment Technician ● Machinist Technician ● Welding Technician
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PART 3: BECOMING AN APPRENTICE

What requirements do I need to become an Apprentice?

In order to become an apprentice, individuals must apply to and meet the requirements set by AIT.

- Category A, B, & C
 - AIT has categorized all the trades.
 - The category determines the requirements needed to become an apprentice.
- Minimum vs Recommended Requirements
 - AIT has set forth Minimum Requirements for each trade category.
 - As long as an individual meets those minimum requirements, they are able to become an apprentice.
 - These are the bare minimum courses that an individual should have in order to be successful in trades training.
 - AIT has also set forth Recommended Requirements for each trade category.
 - Individuals should aim to meet as many of the Recommended Requirements as possible, as this will set them up to be more successful in their training.
 - Individuals who have more of the Recommended Requirements typically perform better in their Technical Training and on the AIT Exams.
- Entrance Exam
 - If you do not meet the Minimum Requirements to become an apprentice in your trade, then you have the option to write the Entrance Exam.
 - This exam is quite in-depth, so individuals are encouraged to try and meet the Minimum Requirements prior to graduating from high school.
 - Some post-secondary institutions offer courses or training that help prepare students to write the entrance exam.

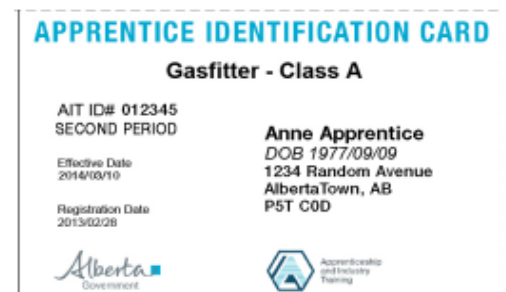
What is the difference between Compulsory vs Optional Trades?

AIT has some trades that have mandatory certification requirements (Compulsory), whereas other trades recommend certification but it is not absolutely required (Optional).

- Compulsory Certification Trades
 - You must either hold a recognized trade certificate or be a registered apprentice in order to be employed in the trade.
 - Employers must hire only certified journeypersons or registered apprentices.
 - Usually involve work where public and worker safety needs to be closely monitored.
- Optional Certification Trades
 - You can work in this trade if the employer deems you to have the skills and knowledge expected of a certified journeyperson.
 - Employers may employ uncertified individuals and use them to supervise and train apprentices on the job.
 - You **must** still become a registered apprentice if you are learning the trade.
 - It is **strongly recommended** that individuals achieve Journeyperson status in all trades, even Optional ones.

How do I apply to become an Apprentice?

- **My Alberta Digital ID (MADI) Account** - You need to set-up a **MADI Basic Account** in order to create a MyTradeSecrets account (have your [Alberta Student Number \(ASN\)](#) ready).
- **MyTradeSecrets (MTS) Account** - You need to set-up a MTS Account in order to apply to be an apprentice, access your digital records, register for technical training and see your grades.
- **IMPORTANT:** use a personal email address, NOT your school email address, to create this account, so that you will have access to it even after you graduate from high school.
- **AIT Application** - You must submit an application to AIT in order to become an apprentice.
 - You will need to demonstrate that you meet the Minimum Requirements for your trade or that you can pass the Entrance Exam.
 - Students going into RAP in high school do not have to meet any admission requirements, however, they will be required to prove that they meet the Minimum Requirements once they graduate high school and become a regular apprentice.
 - There is a \$35 Application Fee that must be paid at the time of application.
 - RAP students are also exempt from paying the \$35 Application Fee.
- **AIT Contract** - You and your employer must sign an AIT Contract in order to formally enter into an apprenticeship agreement.
 - This process is also known as “indenturing”.
 - You will be asked to provide your employer’s email address.
 - Make sure they are someone that has the authority in that organisation to enter into an Apprenticeship Contract.
 - When you complete your Apprenticeship Application & Contract in your MTS Account, you will be asked to enter your employer’s email address.
 - A copy of the contract will be sent electronically to the employer for their approval.
 - If you have already been working prior to signing the AIT Contract, you can still get credit for those hours.
 - Regular Apprentice: The Employer will enter these “Pre-Contract” hours into the AIT Contract so they can be counted towards your apprenticeship.
 - RAP Student: The Student will enter these “Pre-Contract” hours into the AIT Contract, so these should be discussed with the Employer and agreed upon prior to submitting them.
- **Record/Blue Book** - Once the AIT Contract has been submitted and approved, the apprentice will receive their Blue Book where they will track their progress.
- **Apprentice ID Card** - the apprentice will be able to access their Apprentice ID Card in their MyTradeSecrets account. This should be printed after successful completion of each Year or Period, so the apprentice can show their progression through the training process.



PART 4: WORKING

The key part of apprenticeship training is the learning that is done “on-the-job”, so finding an employer is crucial to the success of anyone pursuing a career in the trades.

FINDING AN EMPLOYER

Often, the most difficult part of apprenticeship training is finding a qualified employer who is willing to indenture and train you. There are many ways to find an employer, including:

CAREERS: The Next Generation Internship & RAP:

- CAREERS: The Next Generation can help high school students find paid internships in the trades.
- Students can earn Work Experience credits (max 15) towards their high school diploma with a Trades Internship.
- If the employer is willing to indenture the students, then the student can start RAP and earn up to 40 credits towards their high school diploma.
 - These work hours will also count towards their apprenticeship training.

Your School:

- Connect with your Career Counsellor or Off-Campus Coordinator about what companies the school may have worked with in the past for Work Experience placements.
- Ask teachers, coaches, EA's, etc, about any companies or organizations that they may know of who are hiring.

Job Boards, Apps & Websites:

- Many organizations will post job opportunities on their social media feeds or website.
- There are many apps and websites, like LinkedIn, Indeed, Kijiji, etc, that you can use to search for job opportunities in your area.

Your Network:

- Talk to your family, friends, neighbors and other people you know to see if they are aware of any companies that are looking to hire in the area you are interested in.
- Utilize your social media connections as well.
- Many jobs are found through “word of mouth” rather than a job posting, so make sure to tell people the kind of opportunity you are looking for and then follow-up on any possibilities that they send your way!

COVER LETTER & RESUME

Your cover letter and resume should be ready to submit, as opportunities may come up quickly and you don't want to miss out on a job because you weren't ready to submit an application.

Cover Letter Tips:

<https://www.indeed.com/career-advice/resumes-cover-letters/apprentice-cover-letter>

Resume Tips:

<https://www.indeed.com/career-advice/resumes-cover-letters/apprenticeship-resume>

INTERVIEWS

It's important to be prepared for interviews so that you can put your best foot forward and hopefully land the job!

Before the Interview:

- Research the Company
- Know your Resume
- Have 2-3 Key Ideas you want to get across during the interview
- Practice!

Day of the Interview:

- Dress for Success
- Bring Questions
- Be Prompt
- Take Deep Breaths and Try to Relax

After the Interview:

- Follow-up with a Thank You email or call
- Reflect on how it went & if there are any areas for improvement

TRACKING YOUR WORK HOURS

Record Book (aka Blue Book)

Once you have an employer and have completed the AIT Application and Contract, you will receive your Record Book (aka Blue Book) from AIT. This is the book you use to track your progress in your apprenticeship training.

- Enter work hours regularly and ensure you keep your record book up-to-date.
- Make sure your Blue Book is up-to-date so you don't miss out on counting hours towards your training.
- You will also track your Technical Training and your AIT Exams in your Record Book.
- You will submit your Record Book to AIT each year to show your progress in your training and to move from one year to the next.

CHANGING EMPLOYERS

In order to transfer your apprenticeship contract from one employer to another, you need to complete and submit transfer cards:

- When hired by a new employer - Complete an Acceptance Card with your employer and submit it to AIT by uploading it to your MyTradesecrets account.
- When you leave an employer - Complete and submit a Release Card by uploading it to your MyTradesecrets account.

It is important to keep your employment records up-to-date.

UNEMPLOYMENT

If you are laid off or lose your job while in your apprenticeship training, you should try your best to find a new employer within a year of losing your previous employer.

- A 12-month period of unemployment on an apprenticeship contract will result in your cancelled apprenticeship.
- Contact or visit an AIT office for assistance within 30 days of your cancellation, or you will have to submit a new apprenticeship application and the required fees.

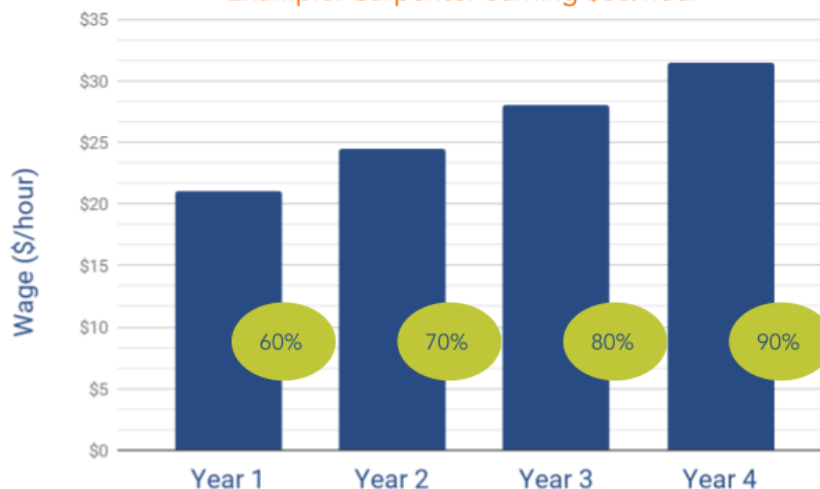
WAGES & RAISES

Apprentices typically make a percentage of what the journeyman wage is in that trade and are given raises in accordance with their Apprenticeship Contract as they successfully complete each level of training.

- For example, an apprentice may start making 60% of a journeyman wage in Year 1 and then get a raise to 70% when they become a Second Year apprentice.

Apprenticeship training legislated pay percentages (based on a four year program)

Example: Carpenter earning \$35/hour



PART 5: TECHNICAL TRAINING

TECHNICAL TRAINING BASICS

What are the institutions that offer trades training in Alberta?

Apprenticeship Technical Training is offered at Colleges, Technical Institutes and Polytechnics.

- **College** - 9 Colleges in Alberta, but the ones that offer Trades & Apprenticeship training are:
 - [Keyano College](#) (Fort McMurray)
 - [Lakeland College](#) (Vermillion/Lloydminster)
 - [Lethbridge College](#)
 - [Medicine Hat College](#)
 - [Northern Lakes College](#) (Grouard)
 - [Olds College](#)
 - [Portage College](#) (Lac La Biche)
- **Polytechnic/Technical Institutes** - Alberta has 4 that all offer Trades & Apprenticeship training:
 - [Grande Prairie Regional College](#)
(new name coming soon)
 - [NAIT \(Northern Alberta Institute of Technology\)](#) in Edmonton
 - [Red Deer Polytechnic](#)
 - [SAIT \(Southern Alberta Institute of Technology\)](#) in Calgary
- **Other Institutions**
 - [MC College](#)
 - [Delmar College](#)

How do I choose a technical training program that is a good fit?

- For a career in the skilled trades, you'll have to complete an apprenticeship.
- Apprenticeship Technical Training is offered at Colleges and Polytechnics/Technical institutes.
 - Technical Training is regulated by Alberta Apprenticeship and Industry Training, so the material covered is standardized across the province.
 - However, class sizes, instructors and facilities may all differ, so it's a good idea to still do some research.
- Research the institutions that offer the training you require.
 - Website, Viewbooks & Publications
 - Visit Events - Open House, Student for a Day, Campus Tours
 - Webinars & Information Evenings
- Take a Dual Credit course or Pre-Employment program to see if you really like the program. Find out if the post-secondary offers any short courses that may allow you to "test drive" the facilities and campus.
- Consider other factors that may influence your decision to attend Technical Training
 - Costs
 - Do you know how much your Technical Training and how you will pay for it?
 - Distance from Home
 - Will you have to move away from home in order to attend?
 - If you have to move away, is there on-campus housing available?

TECHNICAL TRAINING REGISTRATION

How do you register?

You will need to log into your [MyTradeSecrets Account](#) that you created when you became an apprentice. Once you have logged in, you will do the following in order to register:

- Click on the **Class Registrations** tab in MyTradeSecrets.
- You will **see all of your eligible classes**. You can sort your classes by a variety of factors including date, seat availability and location.
- Click on the **REGISTER** button, which will take you to the training provider's page, where you will find relevant registration information.
- **Select** the class that works best for you and register in it.
- **Submit** all of your credit card information to pay for the cost of your class, which is required to complete the registration process.

When do you register?

- Alberta Apprenticeship and Industry Training (AIT) sets the Registration Opening Date for each trade. These dates are typically posted on the AIT website in April for the upcoming year.
- Most trades will open for registration in May/June for the upcoming year.
- It is important to know when your trade registration will open. Many classes are quite small, so you want to register early to ensure you get a seat at the institution that works best for you.

What if the class is full?

- If the class you want is already full, you can usually place yourself on the waiting list.
- If a registered student cancels their spot, then it will be offered to the first person on the waiting list until they find someone to take the vacant spot.
- It may be in your best interest to register in your “second choice” class, just so you don’t miss out on your technical training.

How do I cancel my registration?

- You can cancel your registration through your MyTradeSecrets account.
- You need to be aware of the Cancellation and Refund policies of the institution that you registered with, so that you cancel in time to get your fees refunded to you.

OTHER IMPORTANT INFORMATION

How do I know what the rules and regulations are?

- AIT has [Policies and Procedures](#) related to being an apprentice that you should familiarize yourself with.
- Each post-secondary institution that offers Technical Training will have their own set of rules, regulations, policies and procedures.
 - These can often be found in the Academic Calendar for the institution, as well as on their website.
 - Apprentices should familiarize themselves with all the student-specific policies and procedures at their institution, so they know what standards they are being held to.

Why are my grades important?

- In order to successfully complete technical training, an apprentice must pass each section of the course and pass the AIT exam.
 - The passing grade in each course is **65%**.
 - The passing grade on the AIT exams is **70%**.
- Apprentices should aim for the highest grade possible in their Technical Training, so that they are prepared to write, and pass, the AIT exam.
- If an apprentice chooses to write their Interprovincial Red Seal exam, the passing grade for that is also **70%**.
- **IMPORTANT:** [AIT Determining Success in Technical Training](#) document

Why is my attendance important?

- As set by AIT, attendance at Technical Training is **MANDATORY!**
- You could be **REMOVED** from class if you miss more than **18 hours** (approximately 2.5 days).
- It's important to let your instructor know if you will be absent.
- If you are removed from class due to absences, you will typically **NOT receive a refund** of the fees you have paid and will have to return to school at a later date and pay the fees again.

How does technical training work?

- It is a fast-paced course, typically covering up to one module per day.
- Apprentices **MUST** complete homework each night, including self-tests from the module.
- Each morning, apprentices will write an exam about the material covered the previous day.
 - They need to complete the self-tests the night before in order to be able to write these daily exams.
 - If they do not complete the self-tests, they will not be allowed to write the exam and will be given a mark of "0".
- Technical training is not easy, but if you stay on top of your work, study, complete the self-tests, and ask questions when you don't understand the material, you should be able to complete it successfully.

COSTS OF TECHNICAL TRAINING

How much does it cost to attend technical training?

The costs of technical training may vary slightly by institution, but the tuition rate is typically set by AIT, so the amounts will be approximately:

- Tuition and fees are around \$1,200 - \$1,400 per Technical Training Period.
- Books & supplies can be between \$300-\$500 per Period.

You will also need to consider the fact that you're "losing wages" during this time, as it's very difficult to work and attend technical training at the same time.

You will have to also consider living expenses, which can include rent/mortgage, utilities, vehicle, cell phone, etc.

What do I have to pay and when?

- *Application Fee* - \$35; must be paid at the time you apply to be an apprentice.
- *Tuition & Fees* - ranges from \$1,200-\$1,500 per Technical Training Period; must be paid for at the time of registration.
- *Books & Supplies* - ranges from \$300-\$500 per Technical Training Period; must be paid for at the beginning of training.

Can I get my money back?

- *Application Fee* - typically non-refundable.
- *Tuition & Fees* - refundable up to a certain date.
- *Books & Supplies* - typically non-refundable unless ILMs are returned unopened and with a receipt.

How am I going to pay for it all?

Check out the [Post-Secondary & Apprenticeship Financial Aid Handbook](#) for more information on paying for apprenticeship training. There are a lot of government grants, scholarships and other financial aid to support apprentices.

NEXT STEPS

What are my next steps after I register for technical training?

- Typically you will be sent an email confirming your registration at that institution.
- Set-up your student portal so you can access important information like your timetable, your student account, etc.
 - Instructions on how to access your portal are typically sent by email.
- Set-up and check your student email account
 - Students should be checking this email account frequently, as most institutions will communicate via email and students don't want to miss important information.
- Apply for student housing, if applicable.
 - Living on campus is a great way to connect with your institution, make friends and live in a safe and secure environment.
 - Residence can fill up fast, so apply early!
- Apply for Academic Accommodations, if applicable.
 - If you have a diagnosed learning disability or require accommodations in order to be successful in your studies, make sure to register with your institutions' Accessibility Services department as soon as possible. They will be able to help you ensure that accommodations are available to you in all of your classes.
- Visit the campus, if you haven't already done so.
 - Get comfortable on campus before your program even starts. Go for a tour, take a look at your classes and the residence, and be ready to go when your program starts.
- Apply for Financial Aid
 - Government student loan applications typically open in June (in Alberta) for the upcoming school year.
 - Some institutions have scholarships, awards and bursaries that you can apply for prior to your program starting. Others have you apply for awards once your program begins.
 - Make sure you're aware of any deadlines so you don't miss out on opportunities!
- Apply for [Employment Insurance](#)
- Attend any Orientation activities that are offered.
 - Many institutions offer pre-Orientation and Orientation programming that will help set you up for success....so make sure you attend those wherever possible!
- Purchase Books & Supplies
 - Most institutions will have a Campus Store where students can purchase much of what they require.

IMPORTANT: Review the [AIT 1st Year Apprentice Orientation Document](#)

SERVICES & SUPPORTS DURING TECHNICAL TRAINING

Who is there to help me be successful?

- Lots of people!
- Most institutions will have a variety of services and supports available to help you be a successful student. They may include, but are not limited to:
 - Accessibility Services (students with disabilities)
 - Academic Advising
 - Athletics
 - Counselling & Mental Health
 - Financial Aid
 - Fitness & Recreation services
 - Health Services (doctors & nurses)
 - Indigenous Student support
 - Information Technology
 - Learning Supports (tutoring, academic coaching)
 - Office of the Registrar (registration, schedule, transfer credit)
 - Students' Association/Union (student government & advocacy, Health & Dental plans)
- The biggest advice is to **ASK FOR HELP!**
 - Students need to advocate for themselves and their success and ask for the help they need, as early on as possible.
- These services are, for the most part, provided through the fees you pay as a student, so there is no additional cost. You definitely want to take advantage of them while you can!

What should I do if I'm struggling in my classes?

Ideally, you want to reach out for support before your grades are too negatively impacted. There are many people available to help you, including:

- Instructors and Assistants
- Academic Advisors
- Academic Coaches
- Tutors

If you do not complete your technical training, you will be required to register for it at a later date. It's important to speak to someone at your institution and to talk to your employer if you are struggling in your classes.

LIFE DURING TECHNICAL TRAINING

Where can I live while attending technical training?

- **At Home!**
 - If at all possible, live at home...it's cheaper! (unless your parents start charging you rent!)
- **Campus Housing/Residence**
 - Many institutions offer on-campus housing/residence options...those are typically a cheaper alternative than living off-campus.
 - Some benefits to living on-campus include:
 - Convenience, Safety, Community, Activities, Higher GPA
 - Most residences fill quite quickly, so apply early!
 - Some residences will include a meal plan and others may have kitchens where students can cook their own meals...so make sure you know what options are available at your institution.
 - If there is a meal plan option, you may need to decide what “level” of meal plan you prefer.
- **Off-Campus**
 - If you prefer to live off-campus, there are a variety of places to look for available apartments, rooms for rent, etc, including:
 - Some institutions have Off-Campus Housing pages
 - Rental Agencies
 - Facebook, Buy & Sell Groups, Kijiji, etc

How do I make the most of my time in technical training?

- One of the best parts about attending post-secondary is the “experience”...you definitely want to make the most of it!
- Take advantage of opportunities shared by your instructors and your institution, such as:
 - Clubs & Organizations
 - Conferences & Trade Shows
 - Field Trips
 - Work Integrated Learning Opportunities
 - Leadership Opportunities
 - Micro-Credentials and Professional Development Opportunities
 - Research Opportunities
- Don't miss out on these unique opportunities! Stay informed by:
 - Talking to your instructors.
 - Checking your institutional email frequently.
 - Watching the screens and bulletin boards around campus.
 - Look for information on your institution's website and social media accounts.

What types of extracurricular activities are available in post-secondary?

- There are plenty of ways to get involved, including:
 - Varsity Athletics
 - Recreational Sports or Intramurals
 - Fitness Centre and Classes
 - Students' Association/Union
 - Campus Events, Clubs & Associations and Student Government
 - Student Ambassadors/Leaders
 - Residence Life Activities
 - Student Employment
 - Research Activities
- Most of these opportunities do not have any extra cost for students, or if there is a fee, it's quite low, so students should take advantage and get involved!
- Some of these opportunities actually pay students for their participation, like Student Leadership positions, Research, being an RA, or being elected to a Student Government position.
- These opportunities are a great way to make new friends and create a network that will stay with you beyond post-secondary.
- Participation in these experiences is also a great way to add skills to your resume.

How do I try out for a varsity athletics team at my institution?

If you are interested in participating in competitive athletics at your institution, keep this in mind:

- You should reach out to them to let them know you are interested. Institutions might have an online form that you can submit to let them know you're interested in varsity athletics.
- Coaches may ask to see video footage of you competing, so make sure to have some video clips available from games, practices, etc.
- Many institutions will have camps where students can come and show their skills.
 - Check the institution/athletics website for information, dates, etc.
- Coaches may have scholarship funds available to award to players.

If you are successful in making it onto a team, make sure that you consider:

- Your schedule - When do you practice, train and compete? Do you need to make adjustments to your technical training or work schedule to accommodate your athletics?
- Expectations - know what grades you need to maintain in order to keep your scholarship and ensure you are eligible to play.

IMPORTANT for Apprenticeship Students: A student athlete registered in an apprenticeship program who complete their on-campus course prior to the end of the term (Sept-Dec or Jan-Apr) will remain eligible to participate for that institution pending confirmation of an approved work placement for their apprenticeship program in that term (Sept-Dec or Jan-Apr). Approval for the work placement will be provided by the institution where the student is participating.

PART 6: AFTER APPRENTICESHIP

What is a Red Seal and how do I get it?

- The [Interprovincial Red Seal](#) is a recognized standard in Canada, one that employers look for as an indication of the skill and competency level of employees in the trades.
- Tradespeople who hold a valid certificate with a Red Seal can work anywhere in Canada without further training or examination.
- There are more than 50 [Red Seal](#) trades in Canada. (see [Red Seal Trades in Alberta](#))
- Certified tradespeople may obtain a Red Seal on their trade or occupation certificates by successfully completing an Interprovincial examination.
 - If you have an Alberta trade certificate, complete the online [Interprovincial \(Red Seal\) Program Application](#) and submit it.
 - An Alberta Student Number (ASN) is required to apply for programs and services.
 - There is no fee for this application.

What is a Blue Seal and how do I get it?

An [Achievement in Business Competencies \(Blue Seal\) Certificate](#) is evidence that a certified tradesperson:

- meets Alberta's high industry standards
- has continued a path towards business education and acquired competencies and demonstrated drive to succeed in managerial, supervisory, entrepreneurial or other leadership roles.

You may be eligible for an Achievement in Business Competencies (Blue Seal) Certificate if you:

- have completed at least 150 hours of study through any combination of [approved programs of study](#) and/or courses in one or more of the 18 approved subject areas through a [recognized training provider](#),
- **and** hold an Alberta Journeyman Certificate, or an Alberta Occupational Certificate, or a [recognized trade certificate](#),
- **and** have, or have applied for, an Alberta Student Number (ASN). [Find or obtain your ASN](#)

To apply:

- Log in to your [MyTradesecrets](#) account.
- Complete and submit the online Application. During the application process, attach a copy of your transcripts and supporting documentation.
- There is a \$50.00 non-refundable application fee.

What is a Completion Grant and how do I get it?

The [Apprenticeship Completion Grant \(ACG\)](#) is a one-time taxable cash grant lifetime amount of \$2,000 per person for registered apprentices. It is for registered apprentices who:

- successfully complete their apprenticeship training program, and
- get their journeyperson certification in a designated [Red Seal](#) trade

To apply for an Apprenticeship Completion Grant (ACG), you must:

- Gather Supporting Documents
 - Copy of Journeyperson or Occupational Certificate
- Gather Personal Information
 - SIN
 - Provincial Apprenticeship Number
 - Banking Information for Direct Deposit
- Complete [Online Application](#)
- Submit Supporting Documents
 - By mail, in-person or online

To Add:

What happens if I don't pass Technical Training?

What happens if I don't pass my AIT Exam?

1 Year Timeline - working, technical training, writing the AIT exam, getting a raise, submitting Record Book